



THE FLAGSHIP CONFERENCE OF SODC

8 CME CREDIT HOURS

SCIENTIFIC PROGRAM

**6th & 7th September, 2025
THE WESTIN POWAI, MUMBAI**

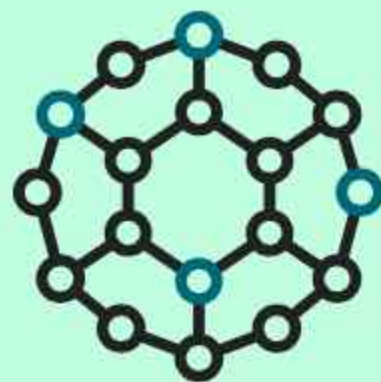




**BOTOLINUM
TOXIN
BASIC**



**BOTOLINUM
TOXIN
ADVANCED**



**PDRN/
EXOSOMES**



FILLER BASIC



**FILLER
ADVANCED**



MASTERCLASS



THREADS



GFC/PEELS/PRP



MICROBLADING

SCIENTIFIC PROGRAM

AND

WORKSHOP CURRICULUM

6TH & 7TH SEPT, 2025

SEPT **6th**
8:30AM

Botulinum

Toxin

Basic



06
SEPTEMBER

8:30AM-9:15AM

LEAD FACULTY:
DR.INDU BALLANI

06
SEPTEMBER

9:15AM-10:00AM (HALL B)

MASTERCLASS BY
DR.RADHIKA KOPIKAR

06
SEPTEMBER

9:15AM-10:00AM

HANDS-ON AT WORKSTATIONS



8 DELEGATES
per table



Dr.Ami Shah



Dr. Sadhana
Deshmukh



Dr.Priti Shenai



Dr.Bhavini
Lodaya



Dr.Shreya
Pagariya



Dr.Kiran
Hebalkar



**CRAFTING PERFECTION
VIDEO INTERACTIVE
MASTERCLASS
(BASIC)**
DR. RADHIKA KOPIKAR

**DILUTION, ANATOMY &
MARKING POINTS BY
LEAD FACULTY**
DR. INDU BALLANI



06

SEPTEMBER

Lower Face Sculpting: Advancing Aesthetics and Contour

10:30AM – 11:30AM

**Chairpersons – Dr. Sumit Jagyasi, Dr. Rizwan Haq,
Dr. Monal Sadhwani, Dr. Nausheen Khan,
Dr. Priyanka Magia**



Dr. Indu Ballani

Decoding Indian lower face aging

10:30AM – 10:40AM



Dr. Chetna
Ramchandani

**Vascular and structural architecture
of lower face**

10:40AM – 10:50AM



Dr. Priti Shenai

Neurotoxins in lower face contouring

10:50AM – 11:00AM



Dr. Anshul Jain

**Dermal Fillers: The bedrock of a
defined jawline**

11:00AM – 11:15AM



Dr. Apratim Goel

**Contour without cuts: Minimally
invasive jawline sculpting**

11:15AM – 11:27AM

06
SEPTEMBER

**The Wellness–Aesthetics Synergy:
Integrative Dermatology for Modern Practice**
11:30AM – 12:35PM

Chairpersons – Dr. Yogesh Zanwar, Dr. Shreya Deoghare, Dr. Kalyani Deshmukh, Dr. Mohan Shendre, Dr. Mrunal Shah



**Dr. Meghna
Gupta**

**GLP-1 : The new pillar in precision
metabolic medicine**

11:30AM – 11:40AM



**Dr.Chirantan
Bose**

**NAD+: Breakthrough or buzz in preventive
health and reversal of chronic diseases**

11:40AM – 11:55AM



**Dr. Ishad
Aggarwal**

**Ozempic face management : Balancing
weight loss and aesthetics**

11:55AM – 12:05PM

**CHAIRPERSONS- DR. AVANI BHAVSAR, DR. SANJAY
MITTAL, DR. NITIKA WAGH**

SPONSORED SESSION

12:05PM – 12:35PM

06

SEPTEMBER

Laser Innovations and Break-Throughs: Roadmap for the Next Generation

12:35PM – 1:05PM

**Chairpersons – Dr. Nilesh Goyal, Dr. Hetal
Karani Bajaj, Dr. Shachi Jain,
Dr. Dharmendra Mishra, Dr. Hetal Bakshi**



Dr. Jagdish
Sakhiya

**My laser playbook: 25 years of smart
selections**

12:35PM – 12:45PM



Dr. Avitus John

**To upgrade or wait? Navigating the
Q-Switch to Pico decision**

12:45PM – 12:55PM



Dr. Atul Kathed

**Layer by layer : The power of
multimodality**

12:55PM – 1:05PM

LUNCH

1:05PM – 2:00PM

SEPT **6th**
2:00PM

Botulinum

Toxin

Advance



8 DELEGATES
per table



**Dr. Priti
Shenai**



**Dr. Jyotsana
Deo**



**Dr. Sadhana
Deshmukh**



**Dr. Chetna
Ramchandani**



Dr. Ami Shah



Dr. Anshul Jain

06
SEPTEMBER

2:00PM - 3:00PM (HALL B)

MASTERCLASS BY
DR. ISHAD AGGARWAL

06
SEPTEMBER

2:00PM - 3:30PM

HANDS-ON AT WORKSTATIONS



**CRAFTING PERFECTION
VIDEO INTERACTIVE
MASTERCLASS
(ADVANCE)**

DR. ISHAD AGGARWAL



06

SEPTEMBER

Idea to Impact: Clinic with Entrepreneurial Mindset

2:00PM – 2:50PM

**Chairpersons – Dr. Chirag Desai, Dr. Puja Dharmik,
Dr. Harsh Shah, Dr Atul Choudhary**



Dr. Apratim Goel

**Residency to reality: First 5 years of
practice**

2:00PM – 2:10PM



Dr. Radhika
Kopikar

**Integrating regulatory compliances
in everyday practice**

2:10PM – 2:30PM



Dr. Gunjan Shah

**Establishing your brand: Beyond the
medical in dermatology start-ups**

2:30PM – 2:40PM



Dr. Bhavini
Lodhaya

Team building and bonding

2:40PM – 2:50PM

06

SEPTEMBER

The Pigment Spectrum : From Basics to Breakthroughs

2:50PM – 3:50PM

Chairperson – Dr. Niranjana Nagpure, Dr. Akanksha Kaushik, Dr. Rujuta Sathe, Dr. Pradnya Joshi



Dr. Vikrant Saoji

Battling Melasma : Lessons from the cockroach's resilience

2:50PM – 3:00PM



Dr. Deepa Bhatt

From lightening to brightening : Evolving topicals

3:00PM – 3:10PM



Dr. GK Verma

Acne excoriee : From picking to pigmentation

3:10PM – 3:20PM

06

SEPTEMBER

The Paradox : Evolved Aesthetics, Lingering Pigmentation

3:20PM – 3:50PM



Moderator: Dr. Dharmendra Mishra

PANELISTS



Dr. Rajesh Kumar



Dr. Saloni Vora



Dr. Asra Khumushi



Dr. Ekta Sahu



Dr. Shweta Rambhia



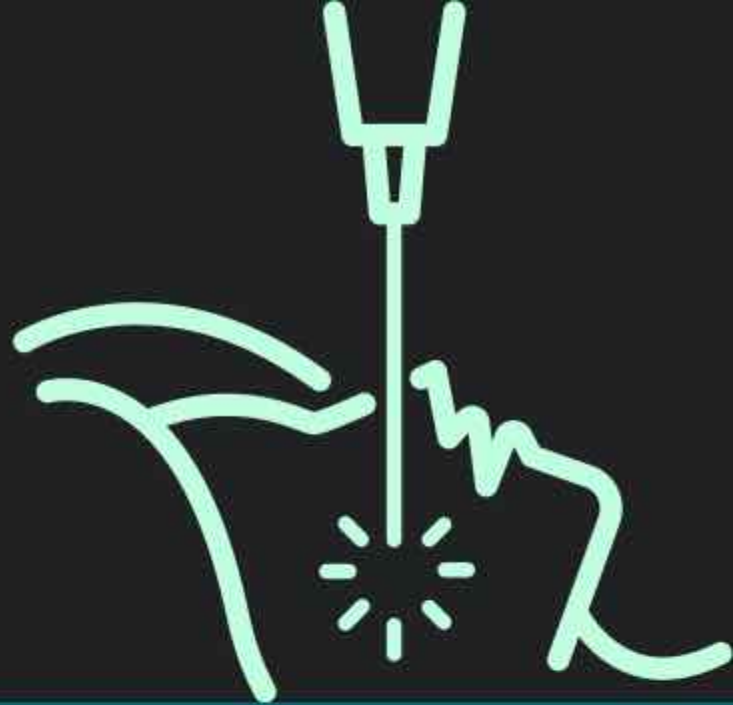
Dr. Sonia Tekchandani



Dr. Sudha Vani

SEPT **6th**
3:30PM

HANDS-ON LASERS



**Dr Jagdish
Sakhiya**



**Dr. Avitus
John**



**Dr. Meghna
Gupta**



**Dr. Sahil
Mrigpuri**



**Dr. Atul
Kathed**



**Dr. Nikita
Patel**



**Dr Piyush
Borkhatariya**



**Dr. Sudha
Vani**

06
SEPTEMBER

**Out of the Box: Fusing Tech,
Emotion & Aesthetics**
3:50PM - 4:20PM

**Chairperson : Dr. Nishtha Nandurkar,
Dr. Tejaswini Ratnaparkhi & Dr. Akshay Saxena**



**Dr. Aasawari
Jachak**

**Paramedical camouflage: Bridging
dermatology and aesthetics**

3:50PM - 4:00PM



Dr. Ajay Dodeja

**Emodermatology - Optimising the
skin-mind axis**

4:00PM - 4:10PM



Dr. Divya Asnani

**Automating Success: AI for social media
efficiency**

4:10PM - 4:20PM

**Chairpersons : Dr. B. Raghu Kiran & Dr. Snehal
Potdukhe, Dr. Jharna Jatale**

TBA

**From veins to volume:
Comprehensive hand rejuvenation**

4:20PM – 4:30PM



Dr. Natasha V

**Cosmeceutical, makeup and skin
protection**

4:30PM – 4:40PM



**Dr. Harsh
Tahiliani**

Modern techniques in earlobe repair

4:40PM – 4:50PM



**Dr. Drashti
Devani**

**Aesthetic challenges in acanthosis
nigricans: Multimodal solutions**

4:50PM – 5:00PM

SEPT **6th**
5:00PM

Hands-on

Threads



**Dr. Jyotsana
Deo**



Dr. Anshul Jain



**Dr. Chetna
Ramchandani**



**Dr. Kiran
Hebalkar**



8 DELEGATES
per table



SEPT **6th**
5-7 PM

HANDS-ON

PDRN/ EXOSOMES/ SKINBOOSTERS



**Dr. Atul
Kathed**



**Dr. Meghna
Gupta**



Dr. V.S. Rathod



**Dr. Aruna
Devi**



**Dr. Tanvi
Vaidya**



Dr. Natasha V



8 DELEGATES

per table

Denim & Diamonds Gala Night

presented by

Skill  thetica
A Hands-on story by SODC

PAWANDEEP

Indian Idol Winner

LIVE

CONCERT

2025

MUSIC

Mark the Date

06.09.2025 | 09 PM

LOCATION

**THE WESTIN POWAI LAKE,
MUMBAI**

**NOTE: REGISTER BEFORE 15TH AUGUST & GET GALA
TICKET WORTH (₹3000) COMPLIMENTARY!
(POST 15TH AUGUST, CHARGES APPLY)**

PAWANDEEP

LIVE

SEPT **7th**
8:30AM

Dermal Fillers

Basic



07
SEPTEMBER

8:30AM - 9:15AM

LEAD FACULTY:
DR. JYOTSANA DEO

07
SEPTEMBER

9:15AM - 10:00AM (HALL B)

MASTERCLASS BY
DR. PADMAVATHI S.

07
SEPTEMBER

9:15AM - 10:00AM

HANDS-ON AT WORKSTATIONS



**CRAFTING PERFECTION
VIDEO INTERACTIVE
MASTERCLASS
(BASIC)**
DR. PADMAVATHI S.

**RHEOLOGY, ANATOMY &
FACIAL ASSESSMENT BY
LEAD FACULTY**
DR. JYOTSNA DEO



8 DELEGATES
per table



Dr. Geetanjali
Shetty



Dr. Smita
Nagpal



Dr. Shreya
Pagariya



Dr. Jyotsana
Deo



Dr. Ishad
Aggarwal



Dr. Jyoti Aneja

07

SEPTEMBER

Integrative Approach to Hair Restoration: Optimizing Outcomes Through Multimodal Therapy

10:00AM – 10:50AM

**Chairperson – Dr. GK Verma, Dr. Rashi Soni,
Dr. SD Mehta, Dr. Ekta Sahu, Dr. Esha Agarwal**



Dr. Punit Saraogi

Oral minoxidil: Small dose, big impact

10:00AM – 10:10AM



Dr. Viral Desai

Topicals beyond minoxidil

10:10AM – 10:20AM



Dr. Nitin Barde

From petri dish to patient: Stem cell suspension

10:20AM – 10:30AM



Dr. Narendra
Nikumbh

Fixing the first attempt: Solutions in hair transplant revision

10:30AM – 10:40AM



Dr. Geetanjali
Shetty

**Hair -360 -Innovate your hair care
introducing hair 360 booster therapy**

10:40AM – 10:50AM

07

SEPTEMBER

Lip Filler Excellence- Precision, Creativity, and Clinical Solutions

10:50AM – 11:30AM

**Chairpersons – Dr. Bushra Khan, Dr. Deepa Bhatt,
Dr. Asmita Kapoor, Dr. Drashti Devani, Dr. Mrunal
Shah**



**Dr. Anuya
Manerkar**

**Lips unlocked: Essential anatomy for
safe and beautiful augmentation**

10:50AM – 11:00AM



**Dr. Padmavathi
S.**

**Advanced injection techniques to
craft a perfect pout**

11:00AM – 11:10AM



**Dr. Rickson
Periera**

**Erase & enhance: Hyalase excellence in
filler reversal and recovery**

11:10AM – 11:20AM



Dr. Neetu Rajdeo

**Beyond volume: Lip pigmentation &
hydration**

11:20AM – 11:30AM

07
SEPTEMBER

Modern Marvels: Regenerative & Anti-Aging Therapies

11:30AM – 12:10PM

Chairperson – Dr. Sonia Tekchandani, Dr. Dimple Doda Modi, Dr. Nikita Patel, Dr. Tanvi Vaidya



Dr. Geetanjali Shetty

PDRN Skincare: The science behind hype

11:30AM – 11:40PM



Dr. Renita Rajan

Beyond SPF: Advanced concepts in sun defence

11:40AM – 11:50PM



Dr. Punit Saraogi

Sunscreen: GenNext- What we know and what is a NO!

11:50AM – 12:00PM



Dr. Sahil Mrigpuri

Cellular Messengers: Exosomes transforming modern aesthetics

12:00PM – 12:10PM

TEA-BREAK

12:10PM – 12:20PM

07

SEPTEMBER

Periorbital Rejuvenation: Innovations Shaping the Future of Aesthetics

12:20PM – 12:40PM

**Chairperson –Dr Sonia Sabhdasani, Dr Rajesh
Kumar, Dr. Bandhavi Muppalla, Dr. Sonia Notani**



Dr. Jyotsna Deo

**Globe Aging: The Evolving Periorbital
Landscape**

12:20PM – 12:30PM



**Dr. Kiran
Hebbalkar**

**Mastering Tear Trough Rejuvenation
Through Injectables**

12:30PM – 12:40PM

07

SEPTEMBER

SPONSORED

12:40PM – 12:55PM

Chairpersons – Dr. Pranjal Mittal, Dr. Shraddha Mahalle, Dr. Madhavi Pudi, Dr. Aklish Jain, Dr. Rizwan Haq, Dr. Kruti Banodkar



Dr. Anshul Jain

**PRX-plus : The Needle-Free
Skin Biorevitalizer**

Moderator – Dr Anshul Jain

12:40PM – 12:55PM



Dr. Radhika
Kopekar

**Expert Faculty – Dr Radhika
Kopikar, Dr. Tanvi Vaidya**



Dr. Tanvi Vaidya

LUNCH BREAK

12:55PM – 1:30PM

SEPT **7th**
2:00PM

Dermal Fillers

Advance



07
SEPTEMBER

2:00PM - 3:00PM (HALL B)

MASTERCLASS BY
DR. KIRAN HEBBALKAR

07
SEPTEMBER

2:00PM - 3:30PM

HANDS-ON AT WORKSTATIONS



8 DELEGATES
per table



Dr. Ishad
Aggarwal



Dr. Jyotsana
Deo



Dr. Anshul
Jain



Dr. Chetna
Ramchandani



Dr. Kiran
Hebbalkar

**CRAFTING PERFECTION
VIDEO INTERACTIVE
MASTERCLASS
(ADVANCE)**

DR.KIRAN HEBBALKAR



07
SEPTEMBER

Acne Scars Video Workshop (Main Hall)

1:30PM – 3:20PM

**Chairpersons – Dr. Radhika Kopikar, Dr. Aditi Mahajan, Dr. Devayani
Pol, Dr. Arjun Prakashey, Dr. B. Mohanlal
Q&A: Moderator: Dr Yogesh Bhingradia**



Assessment of acne scars (On Live Patients)

1:30PM – 1:45PM

Dr. Yogesh Bhingradia



**The Masterplan with LASER's and
EBD's**

1:45PM – 2:00PM

Dr. Simranpal Aneja



**PDO threads and TCA CROSS in acne
scars**

2:00PM – 2:10PM

Dr. Nandita Patel



**Tumescent anesthesia and bi-level
Subcision with regenerative techniques**

2:10PM – 2:25PM

Dr. Samkit Shah



Surgical approach

2:25PM – 2:40PM

Dr. Yogesh Bhingradia



Biofillers in acne scars

2:40PM – 2:50PM

Dr. Yogesh Zanwar



Pirfenidone in acne scars

2:50PM – 3:00PM

Dr. Ramanjit Singh

Panelist: All Faculty

3:00PM – 3:20PM

SEPT **7th**
3:30PM

Hands-on

GFC/Peels/PRP



**Dr. Shashank
Bansod**



**Dr. Shefali
Trasi**



**Dr. Neetu
Rajdeo**



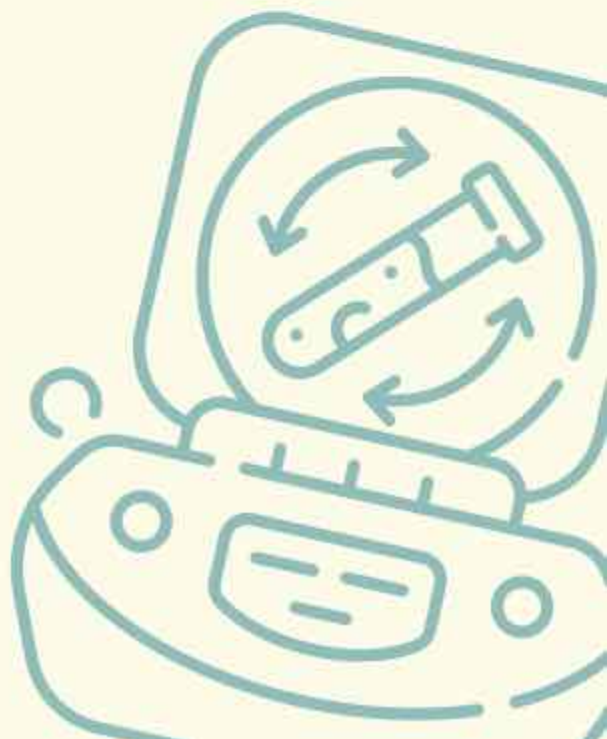
**Dr. Shreyas
Sanghavi**



**Dr. Ajay
Dodeja**



8 DELEGATES
per table



07

SEPTEMBER

When Acne Doesn't Read the Guidelines

03:20PM – 3:50PM

Chairperson – Dr. Adarshlata Singh, Dr. Saurabh Jaiswal, Dr. Vaidehi Saigaonkar, Dr. Shekhar Pradhan



Moderator – Dr. Vinay Goplani

PANELISTS



Dr. Chirag Desai



Dr. Kruti Banodkar



Dr. Vindhya Raparla



Dr. Nitika Wagh



Dr. Rajesh Kumar



Dr. Nidhi Sharma

07

SEPTEMBER

**Opening Eyes to Precision Surgery:
Innovations in surgical care**

03:50PM – 4:20PM

Chairperson – Dr. Shrea Kapoor, Dr. Shaily Agrawal, Dr. Mithali Jage Sonwani, Dr. Apoorva Chopkar



Dr. Nilesh Goyal

Optimizing Results in High Definition Liposuction

03:50PM – 4:05PM



Dr. Sheetanshu Kumar

Eyeconic eyelid elegance – Surgical aesthetics in Xanthelasma management

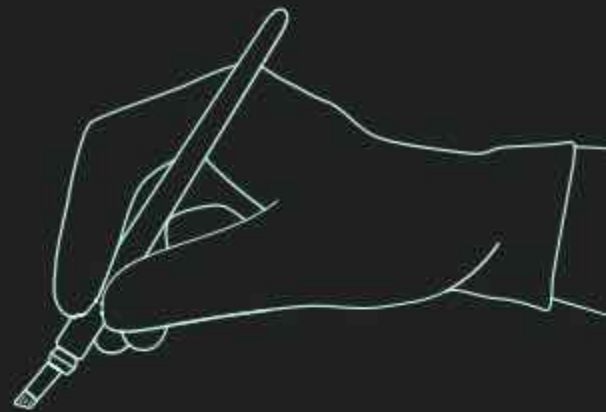
04:05PM – 4:20PM

SEPT **7th**
5:00PM

Hands-on

Microblading

On Artificial Skin



**Dr. Gunjan
Shah**



**Dr. Aasawari
Jachak**



4 DELEGATES
per table



ORGANIZING COMMITTEE



Dr. Sahil Mrigpuri
Organizing Secretary



Dr. Geetanjali Shetty
Organizing Chair



Dr. Viral Desai
Organizing Chairperson



Dr. Meera James
Scientific Chairperson



Dr. Anshul Jain
Scientific Chairperson



Dr. Sudha Vani
Organizing Chairperson



Dr. Ajay Dodeja
Co-organizing Secretary



Dr. Anmol Sodhi
Convener



Dr. Chetna Ramchandani
Workshop Co-ordinator



Dr. Piyush Borkhatariya
Joint Secretary



Dr. Divya Asnani
Committee Member



Dr. Aasawari Jachak
Committee Member



A Hands-on stori by **SODC**

WESTIN

MUMBAI

The Westin | Powai Lake, Mumbai |
September **6th** & **7th**, 2025

**WE WELCOME YOU WITH OPEN ARMS,
FOR TWO DAYS TO REVAMP YOUR
CAREER!**

